becoming an Ohio Outdoors-Woman®

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October 5 - October 7, 2012
Recreation Unlimited, Ashley, Ohio

Sponsored by:
Division of Wildlife
and
Ohio Outdoors Woman Inc.

BECOMING AN OUTDOORS-WOMAN* 2012

Becoming an Outdoors-Woman is a workshop focused on learning outdoor skills -- skills usually associated with hunting and fishing, but useful for many outdoor pursuits. Designed primarily for women, it is an opportunity for anyone 18 years or older, and is for you if . . . .

- You have never tried these activities, but have hoped for an opportunity to learn.
- You are a beginner who hopes to improve your skills.
- You know how to do some of these activities, but would like to try your hand at some new ones.
- You are just looking for the camaraderie of like-minded individuals.

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WORKSHOP SCHEDULE

If you're interested in taking a single discipline throughout the weekend or a variety of courses, look for the following icons next to the course title to help you:

Fishing
Adventure
Shooting
Cooking
Boating
Hunting
McGyver

Courses that don't have an icon can fit into any strand you decide to take or can be taken as extras to help you gain additional knowledge while you're here.

Friday, October 5, 2012
12:00 - 1:00 PM • • • • • Check-in & Registration
1:00 - 1:30 PM • • • • Welcome

1:30 - 5:00 PM • • • • **SESSION I**

Firearms and Safety. Unsure about or fearful of guns? Put those thoughts and fears to rest with a session just for you. Learn about basic types of firearms, ammunition, and firearm safety. It will not include any actual shooting, but is recommended for anyone who has not had a hunter education course or significant shooting experience who wishes to register for the shooting courses.

Fishing for Fun. After a short session on equipment, find out why fishing is America's favorite pastime. Learn the basics so that you can participate in this enjoyable sport. Rods, tackle, bait, and a lake full of hungry fish are provided.

Tree Trivia. Can't tell a maple from an oak or an ash from a hickory? You will after joining our naturalists on a walk that will teach you to identify many of Ohio's hardwood species by leaf, bark, and bud.

Map and Compass. Are you terrible with directions? Do you get lost in your own backyard? If so, you need this course. Our experts will teach you how to read a topo map, use a compass, and help you find your way in and out of the woods without getting lost.

Intro to Archery. Learn how to select bows, arrows and other accessories to get the most out of your hidden talent. Expert instructors will join you on the range to help you shoot compound bows and crossbows. They will also help you celebrate your bull's-eyes!

Handgun Basics. This introduction will start with the basics of safety and marksmanship and finish with lots of range time. You'll be shooting low-powered .22 caliber revolvers provided by our patient instructors. Keep your targets to brag about when you get home!

Alpine Tower. Come play, climb, and have a great deal of fun on Recreation Unlimited's 50-foot climbing tower. The tower experience provides a wealth of opportunities to have fun while enhancing self-esteem and confidence. It involves adventure, risk-taking and attempting the unusual, while encouraging individuals to test their limits. You will work on teamwork and individual skills that foster communication and trust. You will gain the confidence to try many outdoor activities that you have been putting off. You don't have to be trim or fit to try this activity!

Soap Making. Don't be a dirty girl - clean up, with soap! And not just any soap - soap that you made. Learn the basics of soap making starting all the way back with saponification. You will learn about several methods of soapmaking, skin benefits, additives and fragrance. Participants will craft their own bars of soap to take home. * Persons with food allergies or hypersensitive skin please be aware you may be required to observe this class with limited participation. *

Kayaking. Learn how to navigate through wild waters in this unique watercraft. Experts will teach you paddling basics and techniques to prepare you for a flat-water kayaking adventure. Plan on dressing to get wet.

6:00 PM • • • • • • • • Dinner
7:00 - 8:30 PM • • • • • Get Together/Meet the Group
8:00 - 9:30 PM • • • • • Optional mini-sessions
9:30 PM • • • • • • • • Food, Fire, and Fun

Saturday, October 6, 2012

7:00 - 8:00 AM • • • • • Breakfast

8:00 - 11:30 AM • • • • **SESSION II**

Basic Canoeing. Can you canoe? Of course you can and you will! Expert instructors from the Division of Watercraft will teach you all about equipment and techniques and have you on the water paddling like a pro in no time. We'll do our best to keep you dry, but dress as if you'll get wet! You'll either glide among the geese or swim with fish!

Intro to Archery. (Same as Session I)

Intro to Muzzleloading. You will learn all about muzzleloaders and will discover how much fun these primitive guns can be. After you learn how these fascinating firearms work, you will load them up and fire away. You will become proficient and accurate with the help of our expert instructors in no time at all.

Metallic Cartridge Reloading. Join our experienced instructor to learn how to safely reload centerfire cartridges; and you will actually reload ammunition yourself. This course is for those who want to explore the advantages of safely reloading ammunition to save money and shoot more, and those who want to understand more about how cartridges work.

Fly Fishing Basics. You don't have to smoke a pipe and wear a funny hat to fly fish. Our instructors will show you how easy it is to select and use these graceful outfits and then you will be at the lake to practice on bass and bluegills. We will furnish all the equipment needed, but you can bring your own if you have it.

Backpacking. In this class, you will try out the latest gear, learn how and what to pack, and of course, where to go! Packs, tents, sleeping gear, stoves, boots, and related equipment will be tested as you learn how to look and feel good when you hit the trail.

Outdoor Photography. They say a picture is worth a thousand words. Learn how to get the most out of your photo opportunities with this hands-on photo safari. Bring your favorite camera, digital or 35mm, and camera manual.

Backyards for Wildlife. Birds, butterflies, raccoons, and rabbits! For wild animals, home is where the habitat is. Learn how to make your backyard – regardless of the size – a haven for wildlife using landscape plantings, feeders, and nesting structures. Participants will each build a bird house to take home.

12:00 PM • • • • • • • Lunch

1:30 - 5:00 PM • • • • • **SESSION III**

Basic Canoeing. (Same as Session II)

Canning. Gardeners know how to *preserve* the summer - and now you can too! You will learn how to capture the flavors of spring and summer year-round. The course includes a lesson on picking the right produce and preparing and sterilizing the equipment. Participants will have the opportunity to make fresh salsa and jam.

Alpine Tower. (Same as Session I)

Fly Fishing Basics. (Same as Session II)

Basic Shotgun. Hitting a moving target is not too hard when you learn to shoot properly. Develop your own style with the help of our experienced coaches. You'll be shooting our guns and ammunition. You will amaze yourself with your ability to bust fast moving clay targets in just a short period of time.

Basic Fly Tying. If you are looking to tie the old traditional flies that your grandpa kept on the brim of his fedora, this is not your class. We will focus on funky-fresh modern fly patterns that will entice everything from smallmouth bass to brown trout. Learn how to tie streamers, poppers, and nymphs using the finest flash, hooks, and feathers.

Basic Tracking. Learn basic track patterns of Ohio's most common animals along with speed and direction the animal is traveling. Techniques taught are mostly those used by Tom Brown Jr., trained by an Apache Elder, Stalking Wolf.

Handgun Basics. (Same as Session I)

5:00 - 6:00 • • • • • • • Free Time
6:00 - 7:00 PM • • • • • Dinner
7:00 - 10:30 PM • • • • Evening Social Events

continues

Sunday, October 7, 2012

7:00 AM • • • • • • • • • Breakfast
7:30 AM • • • • • • • • • Optional Non-denominational Worship

8:00 - 11:30 AM • • • • **SESSION IV**

Dutch Oven Cooking. There's nothing quite like a cozy campfire and the aroma of good food bubbling in a pot! Join our chef and help prepare some recipes as you learn the art of Dutch oven cooking. Come hungry to this one.

Wilderness First Aid. Learn how to handle accidents, injuries, and emergency situations when venturing into the great outdoors. Red Cross certified instruction will make your next outdoor encounter safer and less worrisome.

Basic Shotgun. (Same as Session III)

Walk on the Wild Side. Join our expert outdoor educators on an exploration to uncover nature's wonders. Discover wildflowers, plants, shrubs, animal tracks, and you will sample wild edibles on this wild walk.

Kayaking. (Same as Session I)

Alpine Tower. (Same as Session III)

Geocaching. Hand-held global positioning satellite (GPS) receivers are in wide use by boaters, anglers and hikers. There is something comforting about knowing where you are, and how to get to where you want to go. Now, there is a whole new and fun way to use these devices. Geocaching is an adventure game for GPS users. Come play the game that involves seeking hidden treasures using GPS satellite coordinates, while discovering GPS potential for other recreational uses.

Basic Rifle. After a short session to get you acquainted with rifles and safety, you'll be out on the range with our expert instructors. You will be provided .22 rifles, ammunition, and tips on shooting. Success is guaranteed and bull's-eyes will abound.

Bird Watching Basics. Get up close and personal with sparrows, chickadees, warblers, and woodpeckers. Yes you will become familiar with these and numerous other song birds in this course designed to help you discover the identity of birds by sight and sound. Bring your own binoculars.

12:00 Noon • • • • • • • • • • Lunch and Closing

Special Class

1:00 - 2:00 PM Hunter Education Certification. For those wishing to leave with a certification card, this session must be completed. Remember, hunter education courses are also offered in all counties year round. You can also take the hunter education course through a home study option. Please call 1-800-WILDLIFE for more information on taking a hunter education class at a later date.

The Division of Wildlife and **Ohio Outdoors Woman, Inc.** wish to acknowledge the sponsorship of the following organizations for the Becoming an Outdoors-Woman program:

Archery Trade Association
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National Shooting Sports Foundation
National Wildlife Federation
Pheasants Forever
Pope and Young Club
Rocky Boots
Safari Club International Foundation
Shakespeare Fishing Tackle
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UWSP Foundation Inc.

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Melanie Hull **Mimi Migliore** **Mary Cardwell** **Tina Frey**

Recreation Unlimited is a handicapped-accessible facility located at 7700 Piper Road, Ashley, Ohio. The telephone number at the camp is **(740) 548-7006**. A map will be provided with your confirmation materials.
Becoming an Outdoors-Woman is an ongoing effort of **the Division of Wildlife** and **Ohio Outdoors Woman, Inc**. If you would like more information on the program, please contact **Nick Jamison**, Project Coordinator at **1-800-WILDLIFE**.